



Senior Care

Connecting Seniors to Resources for Maintaining Independent Living

Need Assessments are completed with confidentiality and respect to identify the individual needs of Seniors, age 65 and older, in effort to connect them with the appropriate resources within their local community.

Senior Care referrals include but are not limited to:

- ❖ **Food Assistance:** Local food pantries & home delivered meals
- ❖ **Utility Assistance:** Crisis assistance to avoid shut off of heating & cooling
- ❖ **Housing Assistance:** Affordable senior housing & rental assistance vouchers
- ❖ **Home Weatherization and Home Repairs:** Energy efficient home repairs
- ❖ **Home Medical Equipment:** wheelchairs, walkers, bathroom safety rails
- ❖ **Social & Recreational Activities:** Friendly and supportive conversation; social activities, light exercise, active thinking
- ❖ **Health related programs:** In-Home Services, Home Health, Hospice Care
- ❖ **Transportation:** Local transportation services where available
- ❖ **Medicaid Application:** Mo HealthNet medical insurance coverage
- ❖ **Medicare Assistance:** Medicare Advisors to help you get the most out of your insurance coverage for things such as: Medical Phone Alert & medical supplies

AND SO MUCH MORE!

Know a Senior who needs assistance? Call today!
(Income qualifications may apply)

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Seniors assisted through Senior Care are able to maintain independent living and stay in their own home longer

Seniors living in older, energy-inefficient homes are facing an affordability crisis related to housing and home energy

Maintaining regular and healthy eating habits is especially important as individuals get older

85% of physicians report that unmet social needs lead to worse health

West Central brings over 50 years of experience providing services for our seniors in nine counties: Bates, Benton, Cass, Cedar, Henry, Hickory, St. Clair, Morgan, & Vernon



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Appleton City, MO 64724

Call Monday – Thursday
7:30am – 5:00pm

660-476-2185

www.wcmcaa.org

 WestCentralCares

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